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[www.secamb.nhs.uk](http://www.secamb.nhs.uk)

1<sup>st</sup> April 2026  
Internal Reference: 260347  
Email:

Dear ,

Thank you for your request for information, which we received on **25/03/2026**. We have considered your request under the Freedom of Information Act 2000. **Please ensure you quote the Internal Reference number above in any future correspondence.**

### Your Request

Does your NHS trust provide any mental health services for under 18 year olds (e.g. CAMHS)?

If you do not, please reply stating that you do not provide mental health services for under 18 year olds and none of the other questions of this FOI are required as they are not relevant.

If you do provide mental health services for under 18 year olds:

- What is the age brackets for the mental health services for young people before they move to adult services (for example 0-18 year olds or 0-25 years old)?
- What do you call this service (for example Child and Adolescent Mental Health Services (CAMHS) or if there is a specific name you use)?
- What methods of referral do you accept (for example- referrals from GPs/schools)?
- Are self referrals an option? If so what are the requirements (e.g. minimum age)?
- What is your method of advising patients of appointments (e.g. text/post)?



I would also like to request a blank document of the following forms:

- The form used by GPs/schools to refer a young person
- The form used if a young person is referring themselves
- Any forms that are provided at the first appointment for the young person/parent to fill out in regards to contact information, preferences of methods of contact, who is attending the appointments etc
- Any relevant forms to indicate who is attending the appointment/aware of the referral (young person/their guardian/both) and which of the two should be contacted and if there is a preference of contact method

### Formal Response

The Trust does not provide mental health services for individuals under the age of 18. As such, the remaining questions within this Freedom of Information request are not applicable.

As an ambulance service, the Trust is not commissioned to deliver children's mental health provision.

### Next steps

Some information held by the Trust is routinely published on our [website](#) and may be of assistance.

If you are dissatisfied with the Trust's response to your request, you have the right to ask for an internal review.

Requests for an internal review should be submitted within **40 working days** of the date of this response and should be sent to:

**Richard Banks**, Head of Corporate Governance at [FOI@secamb.nhs.uk](mailto:FOI@secamb.nhs.uk)

The internal review will be conducted by an individual who was not directly involved in handling your original request, ordinarily the Trust's Data Protection Officer. We aim to complete internal reviews within **20 working days** of receipt.

If you remain dissatisfied following the outcome of the internal review, you may complain to the Information Commissioner's Office (ICO). The ICO generally expects complaints to be raised promptly following the completion of an internal review.

The easiest way to raise a complaint is via the ICO's website:  
[www.ico.org.uk/foicomplaints](http://www.ico.org.uk/foicomplaints)

Alternatively, you may write to:



Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
SK9 5AF

Yours sincerely,

**Corporate Governance Team**  
South East Coast Ambulance Service NHS Foundation Trust



Saving Lives,  
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