



Trust Headquarters
Nexus House
4 Gatwick Road
Crawley
West Sussex
RH10 9BG

Tel: 0300 123 0999
www.secamb.nhs.uk

27th March 2026
Internal Reference: 260306
Email:

Dear ,

Thank you for your request for information, which we received on **02/03/2026**. We have considered your request under the Freedom of Information Act 2000. **Please ensure you quote the Internal Reference number above in any future correspondence.**

Your Request

For each of the calendar years 2022, 2023, 2024 and 2025 (to date, if full-year data is not yet available), please provide:

1. The total number of admissions to Specialist Eating Disorder Inpatient Services.
2. The total number of admissions to Intensive Day-Patient Eating Disorder Services.

Where possible, please:

- Provide the data broken down by year.
- Provide a separate figure for patients admitted with a primary diagnosis of Anorexia Nervosa.

If diagnostic breakdowns are recorded using ICD-10 or ICD-11 codes, please include the codes used to define Anorexia Nervosa.

If a breakdown by diagnosis is not readily available within the cost limit, please provide the aggregate totals only.



If the Trust does not hold some or all of this information, please confirm this and direct me to the appropriate body where possible.

I would prefer to receive the information in electronic format (Excel or CSV).

Formal Response

Regrettably, the Trust does not hold the specific data requested regarding admissions to Specialist Eating Disorder Inpatient Services or Intensive Day-Patient Eating Disorder Services for the years 2022, 2023, 2024, and 2025.

Our systems record patient conveyance destinations and referrals, but do not categorise these by service type, such as specialist eating disorder inpatient or day-patient services.

Therefore, we are unable to provide either aggregate totals or diagnostic breakdowns, including those defined by ICD-10 or ICD-11 codes, for admissions to these service types.

We do not routinely collect, record, or report this information, and are unable to identify which conveyance destinations or referral services fall within the scope of your request.

As such, we are unable to fulfil your request in its current form. If you require data on admissions to specialist eating disorder services, you may wish to contact the relevant NHS Trusts or service providers who directly manage these facilities, as they may hold the information you seek.

Next steps

Some information held by the Trust is routinely published on our [website](#) and may be of assistance.

If you are dissatisfied with the Trust's response to your request, you have the right to ask for an internal review.

Requests for an internal review should be submitted within **40 working days** of the date of this response and should be sent to:

Richard Banks, Head of Corporate Governance at FOI@secamb.nhs.uk

The internal review will be conducted by an individual who was not directly involved in handling your original request, ordinarily the Trust's Data Protection Officer. We aim to complete internal reviews within **20 working days** of receipt.



If you remain dissatisfied following the outcome of the internal review, you may complain to the Information Commissioner's Office (ICO). The ICO generally expects complaints to be raised promptly following the completion of an internal review.

The easiest way to raise a complaint is via the ICO's website:

www.ico.org.uk/foicomplaints

Alternatively, you may write to:
Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
SK9 5AF

Yours sincerely,

Corporate Governance Team

South East Coast Ambulance Service NHS Foundation Trust



Saving Lives,
Serving Our Communities

Chair: Michael Whitehouse CEO: Simon Weldon