



Trust Headquarters  
 Nexus House  
 4 Gatwick Road  
 Crawley  
 West Sussex  
 RH10 9BG

5th February 2026  
 Internal Ref: 260105  
 Email:

Tel: 0300 123 0999  
[www.secamb.nhs.uk](http://www.secamb.nhs.uk)

Dear ,

The trust acknowledges receipt of your Freedom of Information Act 2000 (FOIA) request, referenced above. Please ensure you quote this number in any future correspondence.

Please accept the Trust's apologies for the delay and inconvenience you have experienced regarding your FOIA request.

**FOI Request**

You asked us:

**1. Service Provision**

- a. **Does your Trust currently provide any clinical or non-clinical services that explicitly address any of the following (e.g., within sexual health, mental health, addiction, or emergency care settings) (please put an X for Yes or No for each):**

Reference	Yes	No	b. If Yes, please describe the nature of each of these services (e.g. dedicated chemsex clinic, integrated support within substance use or sexual health services or other). If you have more than one service for one item, please specify the nature of each service.	c. If Yes, please provide any documents, guidelines or websites/URLs for each of these services
Chemsex				
Sexualised drug use				
Gamma-hydroxybutyrate (GHB) / gamma-butyrolactone (GBL) use				
Crystal methamphetamine use				
Mephedrone use				
<b>LGBTQ+ health issues</b>				



## 2. Referrals and Care Pathways

- a. Does your Trust have an established referral pathway or protocol for patients identified as engaging in any of the following (please put an X for Yes or No for each):

Reference	Yes	No	b. If Yes, please say which departments are involved in these pathways (e.g. sexual health, mental health, A&E, drug and alcohol teams etc). If you have more than one pathway for one item, please specify the departments for each.	c. If Yes, please provide any documents, guidelines or protocols that refer to, or describe, such pathways.
Chemsex				
Sexualised drug use				
Gamma-hydroxybutyrate (GHB) / gamma-butyrolactone (GBL) use				
Crystal methamphetamine use				
Mephedrone use				

- d. Are there any formal partnerships with external or community-based organisations that provides care or services specifically for LGBTQ+ or individuals that engage in chemsex, sexualised drug use or use of GHB/GBL, meth or mephedrone (e.g. Controlling Chemsex, Terrence Higgins Trust, London Friend)? Please state Yes or No.
- e. If yes to question 2d, please 1) state all external or community-based organisations that your trust has a formal partnership with and please 2) provide any documents, guidelines or protocols that refer to, or describe, these partnerships.

## 3. Workforce and Training

- a. Have any staff received training specifically relating to chemsex, sexualised drug use or LGBTQ+ needs in the last 3 years? Please state Yes or No.
- b. If yes to question 3a, please state:
- The type of staff trained (e.g. clinicians, counsellors, health advisers)
  - For what services the training was provided for
  - The name(s) of the training provider(s) and any relevant documents or website/URL
  - The approximate number of staff trained

## 4. Monitoring and Evaluation

- a. Does your Trust collect data on the number of service users presenting with issues related to chemsex or sexualised drug use? Please state Yes or No.
- b. If yes to question 4a, please provide available data (by year, from 2020 to present) on:



- Number of individuals assessed or treated
- Type of service accessed (e.g., sexual health, A&E, mental health)
- Any outcome measures collected (if available)

## Formal Response

The Trust confirms it holds / confirms it holds part of / does not hold the information you have requested.

### 1. Service Provision

- a. Does your Trust currently provide any clinical or non-clinical services that explicitly address any of the following (e.g., within sexual health, mental health, addiction, or emergency care settings) (please put an X for Yes or No for each):

Reference	Yes	No	b. If Yes, please describe the nature of each of these services (e.g. dedicated chemsex clinic, integrated support within substance use or sexual health services or other). If you have more than one service for one item, please specify the nature of each service.	c. If Yes, please provide any documents, guidelines or websites/URLs for each of these services
Chemsex		X		
Sexualised drug use		X		
Gamma-hydroxybutyrate (GHB) / gamma-butyrolactone (GBL) use		X		
Crystal methamphetamine use		X		
Mephedrone use		X		
LGBTQ+ health issues		X		

### 2. Referrals and Care Pathways

- b. Does your Trust have an established referral pathway or protocol for patients identified as engaging in any of the following (please put an X for Yes or No for each):

Reference	Yes	No	b. If Yes, please say which departments are involved in these pathways (e.g. sexual health, mental health, A&E, drug and alcohol teams etc). If you have more than one pathway for one item, please specify the departments for each.	c. If Yes, please provide any documents, guidelines or protocols that refer to, or describe, such pathways.



Chemsex			The Trust is commissioned to provide the NHS 111 urgent care assessment and signposting service. Dependent on presentation of the patient our NHS 111 service will refer this patient group to an appropriate provider as per the Directory of Services (DOS), this includes Sexual Health, Mental health, A&E and primary care commissioned provision within our region.	
Sexualised drug use			The Trust is commissioned to provide the NHS 111 urgent care assessment and signposting service. Dependent on presentation of the patient our NHS 111 service will refer this patient group to an appropriate provider as per the Directory of Services (DOS), this includes Sexual Health, Mental health, A&E and primary care commissioned provision within our region.	
Gamma-hydroxybutyrate (GHB) / gamma-butyrolactone (GBL) use			The Trust is commissioned to provide the NHS 111 urgent care assessment and signposting service. Dependent on presentation of the patient our NHS 111 service will refer this patient group to an appropriate provider as per the Directory of Services (DOS), this includes Sexual Health, Mental health, A&E and primary care commissioned provision within our region.	
Crystal methamphetamine use			The Trust is commissioned to provide the NHS 111 urgent care assessment and signposting service. Dependent on presentation of the patient our NHS 111 service will refer this patient group to an appropriate provider as per the Directory of Services (DOS), this includes Sexual Health, Mental health, A&E and primary care commissioned provision within our region.	
Mephedrone use			The Trust is commissioned to provide the NHS 111 urgent care assessment and signposting service. Dependent on presentation of the patient our NHS 111 service will refer this patient group to an appropriate provider as per the Directory of Services (DOS), this includes Sexual Health, Mental health, A&E and primary care commissioned provision within our region.	

- f. Are there any formal partnerships with external or community-based organisations that provides care or services specifically for LGBTQ+ or individuals that engage in chemsex, sexualised drug use or use of GHB/GBL, meth or mephedrone (e.g. Controlling Chemsex, Terrence Higgins Trust, London Friend)? Please state Yes or No.



No

- g. **If yes to question 2d, please 1) state all external or community-based organisations that your trust has a formal partnership with and please 2) provide any documents, guidelines or protocols that refer to, or describe, these partnerships.**

### **3. Workforce and Training**

- c. **Have any staff received training specifically relating to chemsex, sexualised drug use or LGBTQ+ needs in the last 3 years? Please state Yes or No.**

No

- d. **If yes to question 3a, please state:**
- **The type of staff trained (e.g. clinicians, counsellors, health advisers)**
  - **For what services the training was provided for**
  - **The name(s) of the training provider(s) and any relevant documents or website/URL**
  - **The approximate number of staff trained**

### **3. Monitoring and Evaluation**

- c. **Does your Trust collect data on the number of service users presenting with issues related to chemsex or sexualised drug use? Please state Yes or No.**

No

- d. **If yes to question 4a, please provide available data (by year, from 2020 to present) on:**
- **Number of individuals assessed or treated**
  - **Type of service accessed (e.g., sexual health, A&E, mental health)**
  - **Any outcome measures collected (if available)**

### **Next steps**

We publish a variety of information which may assist future enquiries relating to our service on our website – [www.secamb.nhs.uk](http://www.secamb.nhs.uk).



**Saving Lives,  
Serving Our Communities**

Chair: Michael Whitehouse CEO: Simon Weldon

Should you be dissatisfied with our response then in the first instance please contact Richard Banks, Head of Corporate Governance, via the following email address: [FOI@secamb.nhs.uk](mailto:FOI@secamb.nhs.uk)

You can ask us to review our original response. If you would like us to carry out an internal review, please let us know within 40 working days of you receiving our original response. This review will be conducted by an individual who was not directly involved in reviewing the original response, ordinarily, the Trust Data Protection Officer. We will endeavour to complete this request within 20 working days.

Should you remain dissatisfied then you can contact the [Information Commissioner's Office](https://www.ico.org.uk) (ICO). Complaints to the ICO should be made within six weeks of receiving the outcome of an internal review. The easiest way to lodge a complaint is through their website: [www.ico.org.uk/foicomplaints](https://www.ico.org.uk/foicomplaints).

Alternatively, the ICO's postal address is:  
Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, SK9 5AF.

Yours sincerely,

**Freedom of Information Coordinator**  
**South East Coast Ambulance Service NHS Foundation Trust**



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