



Trust Headquarters
Nexus House
4 Gatwick Road
Crawley
West Sussex
RH10 9BG

Internal Ref: 250934-250704
Email:

Tel: 0300 123 0999
www.secamb.nhs.uk

Dear ,

The trust acknowledges receipt of your Freedom of Information Act 2000 (FOIA) request, referenced above. Please ensure you quote this number in any future correspondence.

Please accept the Trust's apologies for the delay and inconvenience you have experienced regarding your FOIA request.

FOI Request

You asked us:

The purpose of this request is to gather data on the number of ambulance callouts where sleep was a factor in the incident.

Specifically, I am seeking anonymised data on the following:

1. **The total number of incidents attended by your service where sleep was recorded as a factor for each of the past five calendar years**
 - ***Incidents could include, but are not limited to: Callouts to road traffic collisions involving driver fatigue, incidents involving individuals found unconscious due to sleep-related conditions (e.g. narcolepsy, sleep apnoea), medical emergencies where excessive fatigue or sleep deprivation was a factor, welfare checks on individuals sleeping in public or unsafe places, incidents involving sleepwalking or parasomnia resulting in injury, etc***
 - ***2020, 2021, 2022, 2023, 2024 and partial data for 2025 if available***

2. **If held, the causes and number of reports linked to each sleep-related incident**
 - ***I.e. Callouts to road traffic collisions involving driver fatigue, incidents involving individuals found unconscious due to sleep-related conditions (e.g. narcolepsy, sleep apnoea), medical emergencies where excessive fatigue or sleep deprivation was a factor, welfare checks on individuals sleeping in public or unsafe places, incidents involving sleepwalking or parasomnia resulting in injury, etc***



- **2020, 2021, 2022, 2023, 2024 and partial data for 2025 if available**

I would like you to provide the information in the following format:

- **Please provide the information in electronic format, preferably as an Excel spreadsheet or CSV file. I have attached an Excel Template for your convenience.**
- **Please use this template where possible to ensure consistency and ease of data extraction. Please avoid sending PDFs or Word documents.**

If you are unable to provide the specified information:

- **If you are unable to provide the specified information exactly as requested, please prioritise point 1 (number of incidents), provide **any** data you have that is relevant to the request and explain why the other information cannot be provided.**

Formal Response

The Trust confirms it holds the information you have requested.

The purpose of this request is to gather data on the number of ambulance callouts where sleep was a factor in the incident.

Specifically, I am seeking anonymised data on the following:

- 2. The total number of incidents attended by your service where sleep was recorded as a factor for each of the past five calendar years**
 - ***Incidents could include, but are not limited to: Callouts to road traffic collisions involving driver fatigue, incidents involving individuals found unconscious due to sleep-related conditions (e.g. narcolepsy, sleep apnoea), medical emergencies where excessive fatigue or sleep deprivation was a factor, welfare checks on individuals sleeping in public or unsafe places, incidents involving sleepwalking or parasomnia resulting in injury, etc***
 - **2020, 2021, 2022, 2023, 2024 and partial data for 2025 if available**
- 3. If held, the causes and number of reports linked to each sleep-related incident**
 - ***I.e. Callouts to road traffic collisions involving driver fatigue, incidents involving individuals found unconscious due to sleep-related conditions (e.g. narcolepsy, sleep apnoea), medical emergencies where excessive fatigue or sleep deprivation was a factor, welfare checks on individuals sleeping in public or unsafe places, incidents involving sleepwalking or parasomnia resulting in injury, etc***
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Please see our response in the attached spreadsheet

Next steps

We publish a variety of information which may assist future enquiries relating to our service on our website – www.secamb.nhs.uk.

Should you be dissatisfied with our response then in the first instance please contact Richard Banks, Head of Corporate Governance, via the following email address: FOI@secamb.nhs.uk

You can ask us to review our original response. If you would like us to carry out an internal review, please let us know within 40 working days of you receiving our original response. This review will be conducted by an individual who was not directly involved in reviewing the original response, ordinarily, the Trust Data Protection Officer. We will endeavour to complete this request within 20 working days.

Should you remain dissatisfied then you can contact the [Information Commissioner's Office](http://www.ico.org.uk/foicomplaints) (ICO). Complaints to the ICO should be made within six weeks of receiving the outcome of an internal review. The easiest way to lodge a complaint is through their website: www.ico.org.uk/foicomplaints.

Alternatively, the ICO's postal address is:
Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, SK9 5AF.

Yours sincerely,

**Freedom of Information Coordinator
South East Coast Ambulance Service NHS Foundation Trust**



Saving Lives,
Serving Our Communities

Chair: Michael Whitehouse CEO: Simon Weldon