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Internal Ref:
Email:

Dear ,

The trust is in receipt of your information request, thank you. Please accept this formal response, which has been given the internal reference quoted above. Please quote this reference number in any correspondence.

Request

You asked us:

For the calendar years 2019/20, 2020/21, 2021/22, 2022/23, 2023/24 and 2024/25?

How many ambulance crews (frontline staff) took a sick day for mental health related problems – including anxiety, stress and depression?

When I refer to frontline staff – I am referring to:

- ☒ Assistant or Associate Practitioner
- ☒ Emergency Care Assistant
- ☒ Health Care Support Worker
- ☒ Paramedic
- ☒ Paramedic Manager
- ☒ Paramedic Specialist Practitioner
- ☒ Technician

What was the total number of ambulance crews (frontline staff) who took a day off sick during the years stated above?

Of the total number of ambulance crews (frontline staff) who took a day off sick – what percentage were off with mental health related problems?

How many ambulance crews (frontline staff) sick days in total were taken due to mental health related problems – including anxiety, stress and depression?

What was the total number of ambulance crews sick days taken due to ill health?

For the years stated above – what is the longest period of time a member of staff has been off sick with mental health related problems?

We have processed your request under the Freedom of Information Act 2000 (FOIA)

Response

The formal Trust response follows.

The Trust confirms it holds the information you requested.

For the calendar years 2019/20, 2020/21, 2021/22, 2022/23, 2023/24 and 2024/25?

How many ambulance crews (frontline staff) took a sick day for mental health related problems – including anxiety, stress and depression?

Year	Count
2019	159
2020	246
2021	304
2022	269
2023	304
2024	279
2025	124

What was the total number of ambulance crews (frontline staff) who took a day off sick during the years stated above?

Year	Count
2019	1388
2020	2039
2021	2186
2022	2353
2023	2268
2024	2457
2025	<u>1472</u>



Of the total number of ambulance crews (frontline staff) who took a day off sick – what percentage were off with mental health related problems?

Year	%
2019	11.46%
2020	12.06%
2021	13.91%
2022	11.43%
2023	13.40%
2024	11.36%
2025	8.42%

How many ambulance crews (frontline staff) sick days in total were taken due to mental health related problems – including anxiety, stress and depression?

Year	Days
2019	7,517
2020	12,024
2021	16,577
2022	14,974
2023	12,488
2024	12,032
2025	2,458

What was the total number of ambulance crews sick days taken due to ill health?

Year	Days
2019	34,463
2020	62,611
2021	82,696
2022	90,264
2023	64,039
2024	63,248
2025	16,653



For the years stated above – what is the longest period of time a member of staff has been off sick with mental health related problems?

Year	Days
2019	213
2020	288
2021	255
2022	365
2023	216
2024	232
2025	90

Next steps

We hope you find the information provided to be of some assistance.

Should you be dissatisfied with our response, kindly in the first instance contact Caroline Smart, Head of Information Governance via the following email address: FOI@secamb.nhs.uk

You can ask us to review our response. If you would like us to carry out a review, please let us know within 40 working days. This will be conducted by someone who was not involved in reviewing the original response, ordinarily, the Trust Data Protection Officer.

Should you remain dissatisfied following our internal review, you can complain to the [Information Commissioner's Office](#) (ICO). You should make complaints to the ICO within six weeks of receiving the outcome of an internal review. The easiest way to lodge a complaint is through their website: www.ico.org.uk/foicomplaints.

The ICO's postal address is:
Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, SK9 5AF.

Yours sincerely,

**Freedom of Information Coordinator
South East Coast Ambulance Service NHS Foundation Trust**