Examples of training materials to demonstrate that self-neglect is covered in SECAmb training. This is an electronic resource for staff.



## 9. Self-neglect

Self-neglect covers a wide range of behaviours where individuals neglect to attend to their basis needs, such as personal hygiene, health or surroundings.

## Click on the tabs for more information:

## What does it include?

Self-neglect can include:

- Lack of self-care to an extent that it threatens personal health and safety
- Neglecting to care for one's personal hygiene, health or surroundings
- → Inability to avoid self-harm
- → Failure to seek help, or access services to meet health and social care needs
- Inability or unwillingness to manage one's personal affairs

Example of Self-Neglect

What are the indicators?

	Self Neglect	South East Coast Ambulance Service NHS Foundation Trust
Low	Moderate	High
Person accessing services to improve wellbeing	Persons wellbeing is partially affected	Wellbeing is affected on a daily basis
Person is accessing support and services	Access to support services is limited	The person refuses to engage with necessary services
Health care is being addressed	Health care and attendance at appointments is sporadic	Health care is poor and there is deterioration in health
There are no carer issues	Cares are given intermittent access	Carers regularly prevented or refused access
Person has access to social and community activities	Person has limited social interaction	The person is socially isolated
Person is able to contribute to daily living activities	Person's ability to contribute toward daily living activities is affected	The person does not manage daily living activities
No significant indicators of malnourishment or obesity	Indicators of malnourishment or obesity	Significant indicators of malnourishment or obesity
No personal hygiene issues	Personal hygiene is becoming an issue	Personal hygiene is poor
Quantities of medication are within appropriate limits, in date and stored appropriately	Some concern with the quantity of medication, or its storage or expiry dates	Inappropriate quantities or storage of medication
Aids, adaptations and support equipment is being used	Aids, adaptations and support equipment is in place but not being used	Aids, adaptations and support equipment is refused or not accessed